

# Junior Badminton

## Ways to Play in Redbridge

### Badminton Court Hire

Want to hire a court to play with a group of friends?  
Please call first to book.

#### Redbridge Sports & Leisure Centre

Mon-Fri 9am-11pm, Weekends 8am-9pm  
Please call for prices 020 8498 1010

#### The Jack Carter Centre

Sun-Fri 9am-10pm,  
Saturdays 9am-5pm  
£11 per court or  
£9 for block booking  
020 8518 0992



### Competition

Essex County Badminton Association and partners hold Junior competitions for all standards of Badminton players.

Please see here for more details:

<http://www.badmintonessex.co.uk/tournaments.asp>

Junior Singles League (runs in 6-week cycles)

#### Redbridge Sports & Leisure Centre, Barkingside

Please call 020 8498 1031 for times, days and prices



### Coaching

There is Junior Coaching every day of the week at the following venues:

#### Redbridge Sports & Leisure Centre 7 yrs+

Every day except Mondays  
Courses run in 10-week cycles.  
Please call for prices and to book 020 8498 1031



#### Redbridge Sports & Leisure Centre

##### Summer Smash Up!

11-16 yrs

Fun badminton, social games with music and rules set by the players.

£3.50 (members)

£4 (non-members)

Every Tuesday & Thursday from Tuesday 29 July to

Thursday 4 September, 2pm-4pm

For further details call 020 8498 1031

#### The Jack Carter Centre

Mondays 6pm-7pm

8 yrs+

Mondays 7pm-8pm

13 yrs+

£1 members, £2.50 non-members

020 8518 0992

Wanstead Leisure Centre

5 yrs+

Saturdays 2pm-3.30pm and 3.30pm-5pm

£4.80 members, £6.20 non-members

Booking required 020 8989 1172



DOMORE...this summer

